



Trinity Talks
Autumn 2022

Wishing you an
Awesome Autumn!

Pretty autumn colours, warm sweaters, and pumpkin spiced lattes....now is the time for autumn!

As we get cozy and snuggle around with those we love, let us always remember to count our blessings.

God provides for us and we are so loved. Praise be to God.

As I'm sure you know, Rev. Read is away on sabbatical until January 1, 2023. And although we will miss him dearly, our Council and Ministry Leaders have made sure to plan for his absence.

Our Worship Ministry has recruited wonderful people to preside over worship in Rev. Read's absence.

Our Media Ministry continues to improve the quality of our online worship, so that those of us who cannot attend worship in-person

can still be part of the community.

Yours truly (me!) will be leading the Moment For All Ages for all worship services at Trinity.

And now that COVID-19 is less threatening and things are opening up, our ministries are planning a bunch of activities in the coming months (see inside for details!).

I feel a wave of hope in our community as we re-open fully to experience the love and life of Christ.

Hugs and blessings!
Sheri
Trinity Talks editor



Rev. Read is on Sabbatical!

Hello my dear friends of Trinity and Anjou United Churches! As previously announced, I will be taking a sabbatical of three months and concurrently taking my regular month of (unpaid) holiday starting Sept 1. I will be back in the pulpit on Sunday, January 1, 2023 – and hope to return with renewed energy, deepened faith and new ideas to help Trinity and Anjou move forward for years to come!

In my final service on Sunday, Aug. 28, I shared a message for the young people of our communities to explain a bit about what a sabbatical is and how I plan to use the time. Here is what I shared below (for the young and not so young among us!). Thank you for your support of me in taking this needed break. I am grateful for the leadership of the Anjou Board and Trinity Council (and ministry team leaders!) and all of you who will be working faithfully to animate the life and work of the churches while I am away.

Of course, it goes without saying, I'll miss you, and will keep you in my prayers. Your prayers for me would be most needed and welcome, until we are back together again and always, in Christ.

In faith,
Read

TIME FOR THE KID IN ALL OF US

For any young people here with us today I want to introduce you to a big word you don't hear every day – the word is sabbatical. A word you likely hear more

often is the word “vacation” or “holiday.” A sabbatical is similar in that it involves taking time off from work to do other things, but a sabbatical in the church is special. That's because the word sabbatical has its root meaning in the word Sabbath – which traditionally means for Christians - Sunday – Sunday as the day of rest God gives us from our usual labours (even if sometimes we have to finish our homework Sunday night before school on Monday).

You probably know your teachers in school take the summers off – sometimes to rest, sometimes to do other kinds of work until school starts up again. I hope everyone gets days or weeks of holiday – we all need to take a break! But a sabbatical is different. It's an extended time to learn something new, to have a new experience that will help you and others learn and grow in faith.

In the church, a minister is encouraged to take a sabbatical every seven years or so, when you stay in one community for that long. It's a time – of three months – to live Sunday's rest each day. Rest, to read, write, play, travel, grow. Going into my 8th year as minister here, I'll be going on sabbatical starting in just a few days, on Sept 1, and coming back in January.

One place I'll spend some time is in Iona, an island off the west coast of Scotland. There's an old church there – the Abbey of Iona – originally founded by Saint Columba, who came there from Ireland, back in the year 563. That was a long time ago!

Many people think it was the first Christian community in Scotland! And after a time, the church fell into ruins, but was reborn in 1938 when a man named George MacLeod decided to rebuild not only the church building but the community of Iona too.



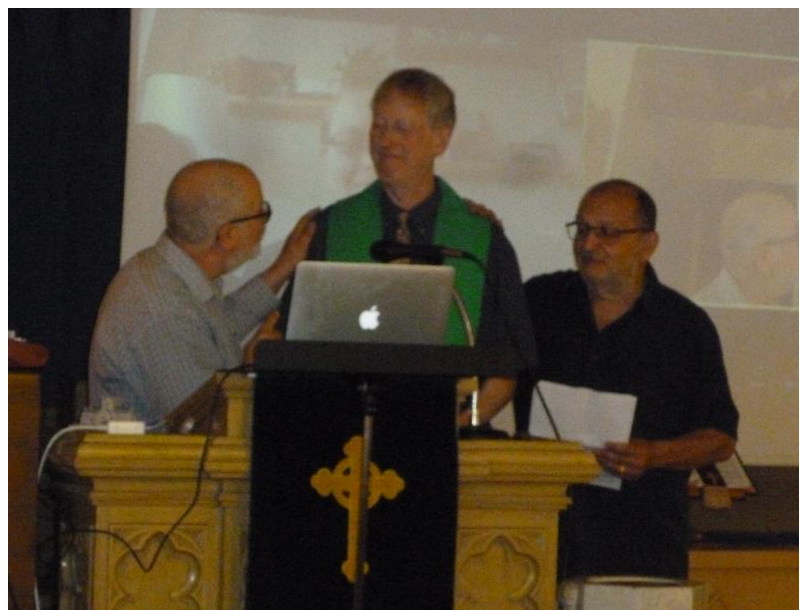
Christians of all kinds go there now to be inspired to seek justice, love kindness towards the earth and all people, and walk humbly with God. It's a centre for Celtic spirituality – I can't wait to experience it!

I'll be there for two weeks in October, living with other guests and community members. We'll worship together, eat together – do chores together too! Peeling potatoes, washing a floor, it's all a way to serve God as we serve each other.

I feel humbled to have the chance to be on sabbatical. I think everyone should get the chance to have not just a holiday, but enough paid time off to really rest, to really play, to really think and reflect and grow. I'm going to miss seeing all of you – but will be back before you know it!

I want you to know I'll miss all of you – and will hold each of you close in my heart – and be praying for you every day. Might you pray for me too? I hope you'll all learn new things and grow and experience each day as a gift God gives. Can you do that for me? I can't wait to hear all about it!

Thanks for listening – and I will see you again soon.



Council's Message

Dear Friends,

We'll all miss Rev. Read during his sabbatical and time off – but he suggests the time will fly by and he'll be back. I believe him, but also know you will want to know how our Trinity (and Anjou) leadership will be working together to “keep things going” while he is away.

I'm pleased to let you know that your Council has been meeting and will keep meeting to ensure a smooth four months of church life, worship and more. Our worship ministry leader Heather Purcell (along with Director of Spiritual Affairs Gary Tompkins) has lined up worship leaders for all the Sundays and special services until Read is back; these include Trinity favourites such as our own seminarian Erika Leung and student minister (at large!) Jean-Philippe Dubé-Goupil. Stay tuned for the full roster of Trinity Sundays – to start at a new time, 11am, as of September 11 - as that becomes available. (Beverly Clark is organizing worship leaders for Anjou's in-person last Sundays of the month – I hear that the Rev. Jan Jorgensen will preside at Anjou's September 25th service (including two baptisms!).

I hope to be speaking with Ministry Team leaders soon who are working on opportunities for Christian Development, Fellowship, Pastoral Care and Membership, Tech and more. Of course, Director of Finance Philip Massarelli is busy with a new Finance team and Treasurer Beverley Bridgman is keeping track of finances. My thanks to Heather Purcell who also acts as Ministry & Personnel chair and is there with M&P to support our staff and volunteers as best they are able.

Sheri Cameron is gearing up for a great new year of Sunday School, including monthly Messy Church experiences on the Sundays we're worshipping at Anjou.

For Pastoral Care while Read is away, the Rev. Dr. Robert Thompson will be available to make calls, visits (to home or hospital) coverage for any funerals. He can be reached through Christine in the church office or directly at home ([438-525-4616](tel:438-525-4616)).

During Read's sabbatical we will also be looked after for meetings and governance questions by the Rev. Neil Whitehouse – minister of Westmount Park United – as our Pastoral Charge Supervisor. He was appointed as such by the Nakonha:ka Regional Council. Neil will attend meetings of Council, any Congregational Meetings, or other meetings that require a member of the clergy to be present to form quorum. I look forward to working with him!

Of course, I am also always happy to hear from any of you about “how we're doing” at any time, but especially during Read's absence. My number is [514-770-7663](tel:514-770-7663). During work hours you will likely need to leave a message, but I will get back to you.

I hope you were able to attend worship on Aug. 28 when we commissioned Read to a good, restful, productive sabbatical. Let us offer our prayers for his journey of reflection and renewal, and look forward to his return in January.

Cheers!

Sabz
Chair, Trinity Council



Let's Worship!

While Rev. Read is away on his sabbatical, we will have three ministers watching over us and helping us out. Rev. Neil Whitehouse is the minister who has been appointed to us from Regional Council, but we also have Rev. Robert Thompson, who is a regular at Trinity, and Stéphane Vermette, Sainte Claire's minister. (Yes, it takes three people to cover Rev. Read!!!).



worship each Sunday. This is a wonderful opportunity for us to get to hear different voices, all the while maintaining our much-beloved worship structure!

Sheri Cameron will be doing the Moment for All Ages until January, ensuring continuity in our themes and keeping pace with the Sunday School.

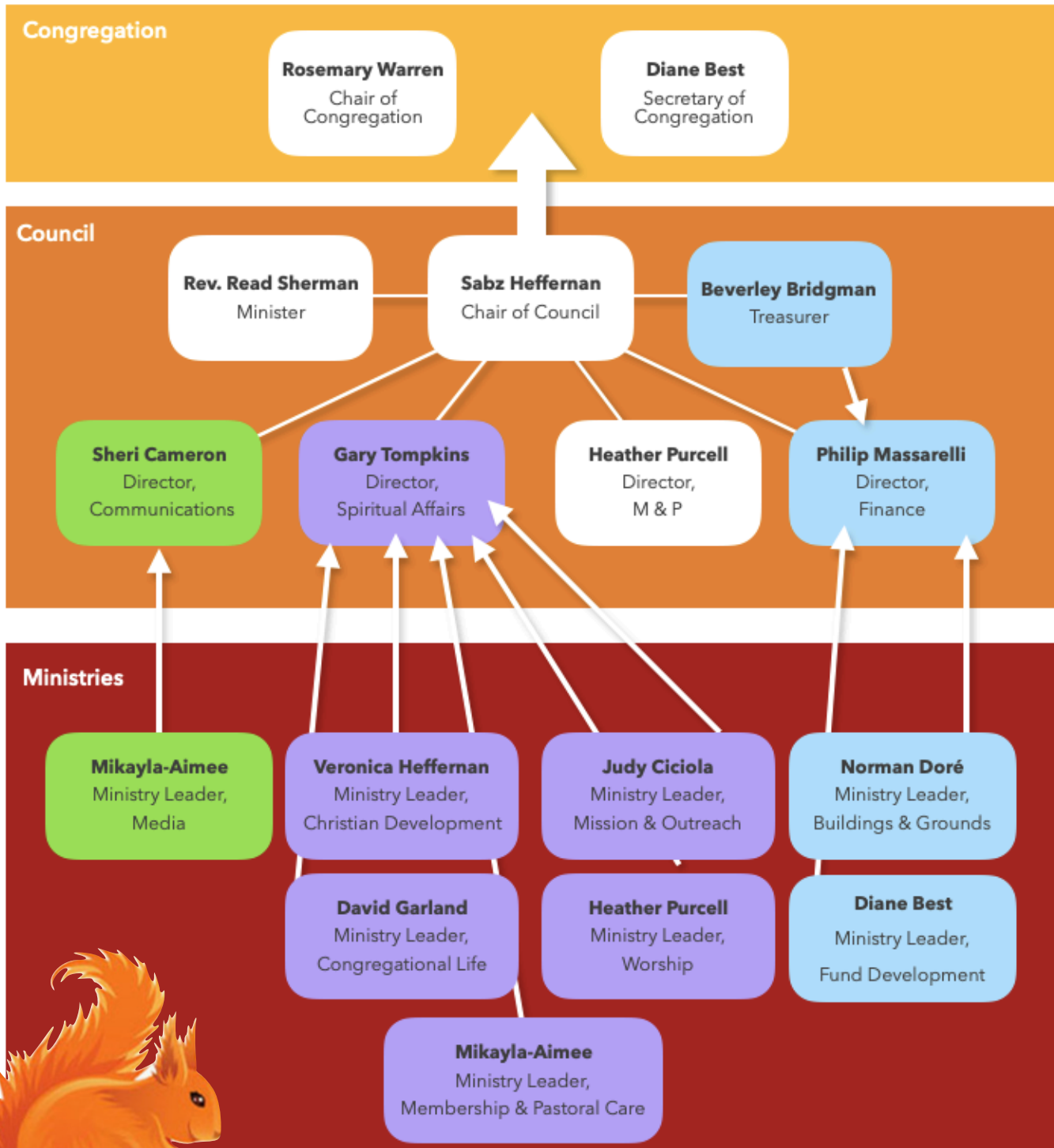
We are also blessed to have student ministers and lay people ready to take on the task on

We are so blessed! God is truly with us.

Dates	Worship Location	Worship Leader	Other
October 9	Trinity	Jean-Philippe Dubé-Goupil	Thanksgiving Sunday
October 16	Trinity	Erika Leung	
October 23	Trinity		
October 30	Anjou (worship at 10:30 AM)	<i>TBD by Anjou United</i>	Halloween Messy Church
November 6	Trinity	Jean-Philippe Dubé-Goupil	
November 13	Trinity	Philip Massarelli	
November 20	Trinity	Erika Leung	
November 27	Anjou (worship at 10:30 AM)	<i>TBD by Anjou United</i>	First Sunday of Advent + Communion Advent Messy Church
December 4	Trinity	Jean-Philippe Dubé-Goupil	Second Sunday of Advent
December 11	Trinity	Sunday School and carol sing	Third Sunday of Advent
December 18	Trinity	Erika Leung	Fourth Sunday of Advent
December 25	<i>To be determined</i>		Merry Christmas!

Governance Structure

Now that we have started to get back into the swing of things after the peak of COVID-19, we think it is important to review the Governance Structure, so that everyone understands the roles of each position. Here it is, along with the elected individuals:



Mission & Outreach

Hello to all and welcome back to what will hopefully be a safe, healthy, and fun-filled year. The Mission & Outreach team will be organizing some events throughout the year...bake sales, luncheons...to name a couple. We are going to plan a Chili / Soup luncheon for October.

The Mission & Outreach team members are:

- Judy Ciciola (Minister Leader)
- Fred Rowe
- Stacey Ciciola
- Patrice Laporte
- Beverley Bridgman
- Jennifer Bridgman



If you are interested in being part of the team, you can speak to any of the team members or contact me directly at jciciola@hotmail.com or 514-648-8317.

Judy Ciciola

Mission & Outreach Ministry Leader

Ministry & Personnel

The Ministry and Personnel (M&P) Committee acts under the guidelines of The Manual of The United Church of Canada. The committee functions around three roles, which are the consultative and supportive role, the healthy relationships role, and the supervisory role. We provide resources and support for the staff and the community of faith with respect to any issue affecting staff of our church, including ministry personnel and lay employees. The committee works to build positive and trusting relationships between staff and members and adherents of the community of faith.



If members of the community of faith have praise or concerns about staff, both ministry personnel and lay employees, these can be shared in signed correspondence (mp@trinityuc.net) with the committee. The issues will be considered confidentially by the M&P Committee, who will recommend action.

Presently serving on the committee are Heather Purcell (Trinity), Kim Dore (Trinity), Dave Ingham (Trinity), Beverley Clark (Anjou) & Dorothy Wills (Anjou).

Heather Purcell,
Director of Ministry & Personnel

Buildings & Grounds

As the name suggests, our ministry is in charge of the upkeep of the Sanctuary, Memorial Hall and all offices and gathering places therein. We also tend to the large lawn on the corner of 7th Avenue and Rosemont Blvd., the smaller grassy area on the 8th Avenue side and the Michael Monaco Garden at the front of the church.

Our weekly duties consist primarily of cleaning the Sanctuary and Narthex and all adjacent rooms after Sunday services. In Memorial Hall we ensure that the kitchen stoves and coffee makers and other equipment are functional for use during special social occasions. Repairs to doors, windows, electric outlets and lighting in all areas make up another part of our day-to-day work. An important, if infrequent, duty for our

team is to facilitate the annual inspections of the heating system and fire detection apparatus. If repairs to either system are required, the work is scheduled and coordinated by our members.

Yours in Christ,
Norman Doré

Buildings & Grounds Ministry Leader

Did you know?

- ✓ the front of the church has been recently landscaped?
- ✓ the pavement in front of the church has been replaced?
- ✓ there are new kitchen sinks in the downstairs kitchen?
- ✓ our church was used for filming?

Great stuff going on at Trinity!



new landscaping



filming at Trinity



Worship Ministry

The worship team gets together when needed to discuss past and future services highlighting what works and what may not work. We act as support to the minister and everyone else who has an important part of our weekly worship.

The worship team is working on creating a list of people who are looking to help with various aspects of services.

If you are willing to read scripture, serve communion or create and lead a service for



pulpit supply please let us know by e-mail

worship@trinityuc.net. We would also like to hear from you if you have suggestions or concerns about what happens in worship on Sunday mornings, please do not be shy.

God Bless,
Heather Purcell

Congregational Life

Our Congregational Life Ministry organizes all sorts of social events for us to come together as a community: monthly Breakfast Clubs, Games & Pizza nights, karaoke nights, special luncheons and dinners.

My aim this year it to have one event per month whether it be from the list above or something new. I am open to any suggestions and would love to have new people as part of the team.

No suggestion is a bad one!

Even if you would like to be part of the team for only one event, please let me know.

Or if you have suggestion and would not like to be on the committee ... still, let me know.



Some events I am looking at is Breakfast with Santa (possibly expanding it with games for youth), a veterans' breakfast with the help of the Canadian Legion - possibly in January or February - a special church luncheon to celebrate our anniversary as we missed a big one due to COVID-19, and a game night in conjunction with the fund development committee.

David Garland,
Congregational Life Ministry Leader

Fund Development

Hello all!!!!

I haven't been able to do any fundraising yet, but I'm thinking of new and exciting ways to raise money. My main goal is to raise money for the church with the help of our lovely church and the outside. Also, it's renting of the church so this means that the gym, kitchen, tower room, Sunday School rooms and Memorial Hall all fall under me for renting.

If you have any good ideas don't hesitate to contact me. I'm planning to have a waffle luncheon at some point in conjunction with the Congregational Life Ministry. If you have suggestions and don't want to be part of the committee, that's fine. I'm looking for new people who have ideas and are willing to help on the committee whether it's for one event or more.

Thanks in advance,
Diane Best
Fund Development Ministry Leader



Here To Serve You

For Questions or Comments About:	Please Reach Out To:	
Banners outside of our church	Sheri Cameron	communications@trinityuc.net
Building: maintenance, repairs, heating	Norm Doré	building@trinityuc.net
Christian Development	Veronica Heffernan	cd@trinityuc.net
Church finances (budget, investments, etc)	Philip Massarelli	finance@trinityuc.net
COVID-19 Procedures	Sheri Cameron	communications@trinityuc.net
Difficulty with a staff member or member	Heather Purcell	mp@trinityuc.net
E-newsletter and Trinity Talks	Sheri Cameron	communications@trinityuc.net
Fundraising	Diane Best	funds@trinityuc.net
Membership	Mikayla	membership@trinityuc.net
Outreach and M&S	Judy Ciciola	outreach@trinityuc.net
Pastoral Care	Mikayla	membership@trinityuc.net
Social events	David Garland	fellowship@trinityuc.net
Worship services	Heather Purcell	worship@trinityuc.net

Friends, Food & Fun Aliments et Amusement

On May 19, something new, yet not so new, began at Trinity.

After 2 years of being sequestered at home, and Zooming on a weekly basis, Trinity folks were eager to socialize in person.

Technology is wonderful for staying connected -- but being in the same room to (safely) play games, eat lunch, or just chitchat is wonderful too! And it's comforting to have a familiar place to hang out during the day.

Every Thursday at 11:30, there's something fun to do. Sometimes, it's a physical activity like beanbag toss. Other times, it's a sit-down activity like bingo.

We've discovered two monthly favorites: bingo and bowling! And all this fun works up an appetite, so there is lunch. We take turns planning lunch: we have some talented home cooks among us, and others equally talented to choose the finest takeout meal.

We don't check your birth certificate, or count your gray hairs. The activities are open to all ages, but we do ask that children be

accompanied by an adult. Generally no RSVP is required if we are at the church, but for offsite activities we want to know who is coming ahead of time.

Like our Sunday services, you can usually choose to participate in person or via Zoom. (Use the same Zoom ID as you would on Sunday.) All you need to bring is a smile, a mask (while mask rules at church are in place) and a freewill donation towards lunch and/or coffee.

How do I know what's happening each week?

- Monthly schedule posted on the bulletin boards
- Weekly blurb in your Saturday email newsletter

(there's a PDF of the monthly schedule too)

- Listen during the Sunday service for announcements
- Give our leader Rosemary a dingle at fff@trinityuc.net. Or send her a Facebook or Zoom message. She's got one of them old-school telephones too. You might even catch her in person!



**So ... what are YOU
doing this Thursday?
Come and join us!**



Welcome, Stéphane!

In the Spring of 2020, Trinity's Council received a request asking if we'd be interested in providing some administrative support for an innovative new French ministry, Église Sainte-Claire. The request came from the national body responsible for French ministry in the United Church, La Table des ministères en français.

Since Sainte-Claire was something new and different – a community of faith that is only online with no building or geographical constraints, they didn't fit in to the United Church's traditional concept of what a church is. They mostly needed someone to handle their finances. We were glad to help them out and have been doing so for more than two years.

Eventually, we agreed to a covenant between Trinity-Anjou Pastoral Charge, Église Sainte-Claire, La Table des ministères en français and Nakonha:ka Regional Council. The best way to arrange things was to make Sainte-Claire's minister, Stéphane Vermette “officially” a minister of Trinity-Anjou, working for Sainte-Claire. His special covenanting service took place on October 2nd at 7:30 PM.

Stéphane has agreed to help us out by being the minister required at our Council meetings while Read is on sabbatical.

Au printemps 2020, le conseil de l'Église Trinity a reçu une demande pour savoir si nous serions intéressés à fournir un soutien administratif pour un nouveau ministère français innovant, c'est-à-dire celui de l'Église Sainte-Claire. Cette demande provenait de l'organisme national responsable du ministère en français dans l'Église Unie, la Table des ministères en français.

Étant donné que l'Église Sainte-Claire était quelque chose de nouveau et de différent - une communauté de foi uniquement en ligne, sans édifice ou contraintes géographiques, elle ne correspondait pas tout-à-fait à la définition traditionnelle de ce qu'est une paroisse selon l'Église Unie du Canada. La communauté avait surtout besoin de quelqu'un pour gérer ses finances. Nous étions heureux de les aider et nous le faisons depuis maintenant plus de deux ans.

Finalement, nous avons convenu d'une entente entre la charge pastorale Trinity-Anjou, l'Église Sainte-Claire, la Table des ministères en français et le Conseil régional Nakonha:ka. La meilleure façon d'arranger les choses était de faire « officiellement » de Stéphane Vermette un pasteur de Trinity-Anjou, bien qu'exerçant son ministère à l'Église Sainte-Claire. Son service d'alliance spécial pour célébrer le rapprochement de nos communautés a eu lieu le dimanche 2 octobre à 19h30 à l'Église Trinity.

Stéphane a accepté de nous aider en étant le pasteur requis lors de nos réunions du Conseil pendant que Read est en congé sabbatique.



Fundraising for Ukrainian Family

Laurentian Area Ministry, which is a grouping of 9 United Churches throughout the Laurentians area of Quebec, has been raising money to help a young family from Ukraine.

We are all aware of the atrociousness which has been occurring in Ukraine. Many people looked for ways to flee, to save themselves and their families. As the bombing came closer and closer, the family which Laurentian Area Ministry has been raising funds for, they were among those desperately seeking an escape to safety. It is a long story to share everything, but with the help of a host family and Laurentian Area Ministry, this young family consisting of a mother, father (injured in the war), 10-year-old daughter and 5-year-old son were finally able to escape.

They first escaped to Poland and then continued on to Italy and finally arrived in Quebec on July 25th.

Laurentian Area Ministry has been working hard to support this family and are continuing to raise money for that purpose. Anyone who would like to contribute can send money to;



Lachute United Church
232 rue Hamford
Lachute, Quebec
J8H 3N6

*Please indicate Ukraine Family on cheques

Or you can give your donation to Mikayla at Trinity and she will pass it on, as she has been working directly with this Ukrainian family as well. 100% of the money raised goes directly to this wonderful and courageous family. Tax receipts will be issued.



Family Ministry

Back-to-School Bash

We were lucky to be able to be blessed just before Rev. Read took off on his sabbatical! Some of us came in person and others via Zoom, but we all got our backpacks blessed and our backpack tags.



Sunday School

Once again our Sunday School is back in action IN PERSON. Woohoo! Our students range from big to small, but no matter - we love them all!

Messy Church: HALLOWEEN

Sunday, October 30 is the perfect day to celebrate how Jesus is the light in the darkness. There will be crafts, pumpkins, and the usual fun!



HALLOWEEN NIGHT

We are planning to give out candies and chocolate once again to neighbourhood children on Halloween night. We are looking for donations of candies and chocolate before October 31st. Also - we are looking for people who want to hand out the candy!

See Diane Best for details!

Anxiety Workshops for All Ages

Coming soon - stay tuned!

INTERNATIONAL SPY ACADEMY VBS 2022



This summer a grand total of 20 campers (aka recruits) came to our International Spy Academy and learned how to be secret agents of God - spreading love and kindness wherever they go! Some were new campers while others are now returning for their second or even third year with us!

Special thanks to Agent V (Veronica Heffernan), Agent Simba (Shannon Wilson), and Agent Sunshine (Sheri Cameron) for their countless hours of work as planners/ counsellors/decorators/clean-up crew and to Cousellors-in-Training: Agent Glitter (Sarah Garceau), Agent Thunder (J'Nell Glasgow), Agent Bookworm (Claire Lambert) for their equally hard work.

Special thanks to Agent Z (Sabz Heffernan) for their behind-the-scenes work, Agent Jen for your continued support all over, and Agent Rosie (Rosie Haines) for making us look AWESOME in our hats and t-shirts.



ISA

Without all of you, VBS would not be possible.





Everything she wants to be.

Girl Guides of Canada at Trinity United Church

What is Girl Guides?

- A program for girls ages 5-17, supported by women volunteers.
- A welcoming and inclusive environment i.e. a "safe space".
- A place for girls to explore what matters to them.
- A place where girls can **Just Be!**

Girl Guides of Canada in Rosemont has been a part of the Trinity United Church Community for over 50 years! As with everything else, we had to abruptly stop in-person activities in March 2020 due to the COVID-19 pandemic.

Last fall, **Guides (aged 9-11)** returned to in-person meetings at another location however **Sparks (aged 5 & 6)** and **Brownies (aged 7 & 8)** were not able to return to in-person meetings.

The Guides will continue to meet at their current location for the fall but plan to return to Trinity in January 2023.

We would love to bring back Sparks and Brownies back for the 2022-2023 Guiding year however in order to do so, we need girls AND adult volunteers (18+)!

No prior Girl Guide experience is needed to be an adult volunteer. Girl Guides of Canada will provide all the necessary training! Please note that all adult volunteers will have to successfully complete a screening process that includes a Police Records Check and reference checks.

Adult volunteers of all types are welcome: CEGEP/University students, stay at home moms, working moms, retirees, grandmothers and women that don't have children!

For general information about Girl Guides of Canada, please visit the website at www.girlguides.ca or send an e-mail to info@girlguides.ca

For more information on the Units meeting at Trinity United Church, please e-mail Patricia Tellis at tellis.patricia@gmail.com

Please note, at Trinity, we tend to run our Units meetings in English however we do have the ability to run them in French as well.

We look forward to meeting you and your daughters at Girl Guides!

What is Girl Guides?

A place where girls can:

- Make new friends
- Learn new skills
- Jump into awesome activities
- Explore new challenges
- Go on adventures
- Take the lead
- Put their ideas into action



Register a girl:

Visit GirlGuides.ca/JoinUs



Register as an adult:

Visit GirlGuides.ca/Volunteer



It starts with Scouts.



Trinity is welcoming back the Scouting groups for another year! All Scouting groups meet on Friday nights. The different groups are: Beavers (aged 5 to 7), Cubs (aged 8 - 10) and Scouts (aged 11-14).

Scouting at Trinity is open to both girls and boys.
For more information, please email Leo at lfrenza75@gmail.com.



Come join us - we're open!

TRINITY UNITED CHURCH

In-person at

3050 Rosemount Blvd
Montreal, Quebec
H1Y 1M2

or on Zoom!

Meeting ID: 409 899 9875
Password: 901455



Weekly Emails

Stay up to date with the latest! You should be receiving an email from our Communication Ministry every Saturday around 2 PM.

If you are not getting them, please email communications@trinituc.net to be added to the list.

