



Minister's Message

**Fear not, for I am with you;
Be not dismayed, for I am your God.
I will strengthen you,
Yes, I will help you,
I will uphold you with My righteous right hand.'**

- Isaiah 41:10

I write this while still in the midst of summer splendour (minus the excessive days of 30C + temperatures or days of record-breaking rain!). But through it all, this summer of 2024, I hope this finds you well and

finding strength from God in whatever the joys or challenges this time of summer has brought to you.

“Back to School” is coming for our children and

grandchildren! For our kids in the church, back to church isn't so far away after the wildly successful Vacation Bible School that ran at Trinity for three weeks in July. Sheri Cameron and her excellent team of volunteers brought upwards of 24 kids to-



Photo credit: Sheri Cameron, July 2024.

gether to make new friends, learn about Jesus (and sing about him too!) and learn how to get along and be part of a great community that has faith. They had a ball while doing it, too! I wish more of our adults could experience

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A Word from the Editor

Hello and welcome to Trinity Talks! In this issue, we'll update you on the great things that Vacation Bible School and Friends, Food, and Fun did during the summer. Our fall calendar

is taking shape — start with these pages as a planning guide, and consult our online Google Calendar for the most up-to-date scheduling.

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Photo credit: Michelle Richard, May 2024.

Minister's Message (continued)

(Continued from page 1)

that joy (and organized chaos – LOL) and the energy of excitement and – I say it again – joy – that each day brought.

Thanks to all of you who continued to come and support Trinity (in person and online) throughout the summer! Our teams and ministries and Council have persevered. Worship (jointly held with Mount Royal and Hudson friends) has been rich (and thanks to our Tech Team, the tech has been great this summer!). We miss all of you who've taken holidays and pray

your summer has been filled with natural beauty, family, adventures of many kinds! As fall comes, we look forward to seeing you once again as we continue to “share and grow in God's love.”

Being Christian community in 2024 isn't always easy. We are a diverse community facing many challenges/opportunities here in Montreal's East End. Getting along and working cooperatively for the success of the church is a constant – which means ever working on better communication so we can encourage one another in love.

When we grow in Christ's love, we need not have fear to be who we are or communicate to avoid misunderstandings or problems. God gives us strength, and God's very presence (in the “I am” that is Christ, and the “I am” that is each one of us!). So all of us matter. All of us make a difference. That we can grow in that knowledge – as individuals and as a community – gives me huge hope as we look to Fall and beyond. I hope it does for you too!

See you soon, and I always love to hear from you with your news. And know I keep each of you in constant prayer.

Read

Patrice and Stacey renew their vows on their 10th wedding anniversary. Screen grab from worship service, June 9.



A Word from the Editor (continued)

(Continued from page 1)

If you're reading the PDF version of this newsletter, you'll notice underlined text in various spots. Click on it to activate a hyperlink. The icons in the calendar of events are all active too! Hover over the icon, and

click the link for an expanded description.

Thanks to Glenn for highlighting two special ways of creating lasting memories of special events, or celebrating a life.

Happy reading! Look for the next edition of Trinity Talks in

early December.



Rosemary Warren

Calendar of Events





September 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--------------------|-----|--|---|-----|--|
| 1  | 2 Labour Day | 3 | 4  | 5  | 6 | 7 |
| 8  | 9 | 10 | 11  | 12  | 13 | 14 |
| 15  | 16 | 17 | 18  | 19  | 20 | 21  |
| 22  | 23 | 24 | 25  | 26  | 27 | 28  |
| 29  | 30 Truth & Rec Day | | | | | |


October 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|------------------|-----|--|---|-----|--|
| | | 1 | 2  | 3  | 4 | 5 |
| 6  | 7 | 8 | 9  | 10  | 11 | 12 |
| 13  | 14 Thanks-giving | 15 | 16  | 17  | 18 | 19 |
| 20  | 21 | 22 | 23  | 24  | 25 | 26  |
| 27  | 28 | 29 | 30  | 31  | | |

November 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--------------------|-----|---|--|-----|-----|
| | | | | | 1 | 2 |
| 3  | 4 | 5 | 6  | 7  | 8 | 9 |
| 10  | 11 Remembrance Day | 12 | 13  | 14  | 15 | 16 |
| 17  | 18 | 19 | 20  | 21  | 22 | 23 |
| 24  | 25 | 26 | 27  | 28  | 29 | 30 |

Worship Services and Coming Events
Our worship services are held both in person and online.
Tune in via Zoom: 409 899 9875 passcode 901455



Worship Service at Trinity **Sundays 11 AM**
except last Sunday of the month

Join us every Sunday to celebrate God’s love for us. We sing, we pray, we listen to Scripture. Rev. Read offers a meditation to connect the Scripture to modern life. There is room for all — including you.



Worship Service at Anjou / **Sunday September 29, October 27,**
Family Sunday at Trinity **November 24, 10:30 AM**
(Last Sunday of the month)

Join us on the last Sunday of each month at our sister church Anjou United – a little church with a big heart! We worship in a more intimate space with plenty of sunlight and wood carving.

7951 Dade Place, Anjou H1K 1R4

Simultaneously at Trinity, our Sunday School students worship with their parents in Sunday School! It’s a wonderful opportunity for parents to help build their child’s faith and see what we do in Sunday School. 11 AM to 1 PM.



Worship Services and Coming Events (continued)



Summer Joint Worship Service **Sunday September 1, 10:30 AM**

We will participate in a simultaneous worship with our friends at Wyman-Hudson United Church and Mount Royal United Church. Each congregation will contribute various parts. The focus will flow between each church, with parts in person at Trinity and parts shared from the other churches.

Our special Zoom number for the summer series: 493 984 2064, no passcode



Rally Day / Blessing of the backpacks **Sunday September 8, 11 AM**

Sunday School returns for another academic year. Our Blessing of the Backpacks will take place during the worship service. So if you're heading back to school in any position (student, teacher, childcare worker, etc.), please bring in your backpack and have a special send-off from our community of faith. After the service, enjoy a delicious corn roast in our yard! (freewill donation)



Choir Practice **Wednesdays 7:30 PM**

Trinity loves to sing and we are very proud of our choir, who delight us weekly with their anthems. New members are always welcome, please consult our musical director Julia Budd for details.



Friends, Food, and Fun (FFF) **Thursdays: Onsite 11:30 AM, offsite various times**

"Friends, Food, and Fun" is a bilingual in-person get-together to enjoy the company of friends old and new. Every Thursday we get together for a stimulating activity and a light lunch (freewill donation if at Trinity). Open to all ages but children must be accompanied by an adult.

For more information, contact the organizer Rosemary Warren at fff@trinityuc.net.



The Living Room **Thursdays: 7:30 PM, only on Zoom**

A social group of church friends who enjoy listening to music, telling stories, and getting to know each other in special ways. Open to newcomers and old-timers - come join us in the Living Room!

Image credits for icons: [icons8.com](https://www.icons8.com), [clipart-library.com](https://www.clipart-library.com), [cleanpng.com](https://www.cleanpng.com)

Worship Services and Coming Events (continued)



FFF Bowling Day

**Thursday September 26, October 31*,
November 28, 10:30 AM**
(Last Thursday of the month)

It's our monthly road trip to the bowling alley! Roll on over to Quilles G Plus for fun and games. We will meet directly at the alley. Afterwards we will have lunch at a nearby restaurant (separate cheques).

** October meetup date to be confirmed.*

RSVP required with Rosemary at fff@trinityuc.net. You can join us for bowling, lunch, or both. Deadline to RSVP is the Monday before the outing: September 23, October TBA, November 25.

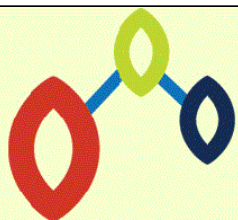


Taizé Service

Thursday October 3, November 7, 7:30 PM
(First Thursday of the month)

Taizé is an ecumenical Christian monastic community in Burgundy, France. The music of the community is simple and reflective, sung repeatedly and in harmony. The community's services consist of this music, punctuated by Scripture readings and silence. You are invited to pray by singing, listening and reflecting.

The Living Room will broadcast the Taizé instead of its usual content that evening. Read more about Taizé [here](#).



Flourishing: Bold Ideas, Daring Connections

Saturday September 21, 9:30 AM

All around the world – from universities to the United Nations, from corporations to community organizations – people are talking about flourishing. Rooted in belonging, flourishing means living with purpose and joy, and bringing bold collaborative solutions to our world's challenges.

The Moderator, the Rev. Dr. Carmen Lansdowne, wants to bring that conversation to The United Church of Canada. She invites us to connect to one another in hope, with a deep conviction by a belief that, despite all the challenges of church life in this day and age, we can move from despair to transformation – from languishing to flourishing.

Cedar Park United Church, 204 Lakeview Ave, Pointe Claire H9S 4C5



Open Sanctuary

**Saturday September 28, October TBA,
November TBA, 1 PM**

Join us once a month to sit, look around, "be still and know God." (Psalm 46:10) Let our "house of prayer" be open and come in for silence, candle lighting, and prayer -- for a few minutes or for an hour.

Worship Services and Coming Events (continued)



Worldwide Communion Sunday **Sunday October 6, 11 AM**

Join us at the Lord's Table! Bring a friend and be nourished by sacred story, singing, and prayer.

If you are joining us by Zoom, please have on hand some bread/crackers and wine/juice, whatever represents the Body and Blood of Christ to you.



Presentation on Cyberfraud **Thursday October 10, 11:30 AM**

Join FFF to learn about ways to protect yourself from scam artists on the Internet and the telephone. We'll have a guest speaker from our local police station. Fellowship and lunch will be at 11:30, the presentation will follow. Freewill donation.



Community Halloween Carnival **Saturday October 26, time TBA**

It's getting spooky! Come help us welcome our church's children as well as the neighbourhood children as we celebrate Halloween with costumes, games, prizes, and snacks. We're looking for volunteers, so please reach out to Sheri at kids@trinityuc.net if you'd like to help open our doors to our neighbours.



Great Candy Giveaway **Thursday October 31, time TBA**

Once again, we are seeking donations of candies and chips to give out on Halloween Night (Thursday, Oct. 31). We're looking for volunteers here too, so please reach out to Sheri at kids@trinityuc.net if you'd like to help open our doors to our neighbours and give out some Halloweeny treats.



Remembrance Sunday **Sunday November 10, 11 AM**

We recall the sacrifices of war by so many, and honour those who have died, who have served, and those who still serve today. We reflect on the costs of war — past, present and future. We express our hope for peace, peace with justice — the two needing to go hand in hand. Come join us for this special annual service of hallowing, and to pray that one day soon, war will be no more.

I have a question: who do I contact?

Trinity has set up a series of email addresses to help you reach people in a convenient way. Instead of trying to remember someone's personal email address, or if someone new has taken over the role, you can write to a Trinity email address which will translate behind the scenes to the person you seek.

All of Council (except the Director at Large) have dedicated addresses:

| Email Address | Role | Sent to: |
|------------------------------|----------------------------------|--------------------|
| chair@trinityuc.net | Chair | Shirley Cartmill |
| communications@trinityuc.net | Director of Communications | Rosemary Warren |
| finance@trinityuc.net | Director of Finance | Beverley Bridgman |
| mp@trinityuc.net | Director of Ministry & Personnel | Heather Purcell |
| spiritual@trinityuc.net | Director of Spiritual Affairs | Veronica Heffernan |
| treasurer@trinityuc.net | Treasurer | Judy Ciciola |
| minister@trinityuc.net | Minister | Rev. Read Sherman |

All of the Ministry Leaders have dedicated addresses:

| Email Address | Role | Sent to: |
|--------------------------|----------------------------------|---|
| building@trinityuc.net | ML of Building and Grounds | Fred Rowe |
| cd@trinityuc.net | ML of Christian Development | Sheri Cameron |
| fellowship@trinityuc.net | ML of Congregational Life | Diane Best |
| funds@trinityuc.net | ML of Fund Development | (interim) Judy Ciciola |
| media@trinityuc.net | ML of Media and selected members | Natalya Scott-Sandy, Gary Tompkins, and Glenn Funamoto |
| membership@trinityuc.net | ML of Membership & Pastoral Care | Christine Tatarewicz |
| outreach@trinityuc.net | ML of Outreach | Judy Ciciola |
| worship@trinityuc.net | ML of Worship | Heather Purcell |

Other useful email addresses to keep on hand:

| Email Address | Description | Sent to: |
|----------------------------|--|---|
| congregation@trinityuc.net | Chair of the Congregation | Sabz Heffernan |
| fff@trinityuc.net | Friends, Food, and Fun (FFF) | Rosemary Warren |
| kids@trinityuc.net | General contact for anything youth-related | Sheri Cameron |
| welcome@trinityuc.net | General contact address | Rosemary Warren and Veronica Heffernan |
| choir@trinityuc.net | Music Director | Julia Budd |
| nominations@trinityuc.net | Nominations Committee | chair@, congregation@, and member at large |
| rent@trinityuc.net | Rentals | (interim) Judy Ciciola |
| office@trinityuc.net | Secretary | Christine Tatarewicz |
| payments@trinityuc.net | Team to enter info for accounting | finance@, office@, treasurer@, and envelope secretary |
| webmaster@trinityuc.net | Technical support for website | Rosemary Warren |

VBS Recap: Yee Haw! Outlaws for God

Thank you! Thank you! Thank you! This year's Western-style VBS Day Camp was a resounding success!

Not only did we have our biggest week EVER at 25 campers (15 returning and 10 new), but we also had 5 former campers returning as junior counsellors. We laughed, we sang, we played, and we experienced God's great love in a friendly and supportive community. A big shout-out to our amazing congregation who supported us through food and money donations. Also, a big shoutout to Celestine Stables who welcomed us with open arms at a much dis-

counted price for our little camp. Thanks! Also, HUGE thank you to Sarah Garceau, Christine Tatarewicz, Adrienne Lortie, Veronica Heffernan, Tristan Garceau and J'Nell Glasgow in all of their efforts to make this camp happen. We're already thinking about next year!

Sheri Cameron



Friends, Food, and Fun

Thursdays are never dull at Trinity. There is always something happening at FFF. You do not need a membership card, or a secret handshake – adults of any age are welcome.



Julia's an expert at our new favorite game.
Photo credit: Claudette Petrasuskas, July 2024.

We celebrated our 2nd anniversary in May by making a new photo collage. Stop by the Narthex for a look-see. So many smiling faces, whether they are regulars or just pop in once in a while. If a picture is worth a thousand words, there are at least 25,000 very colorful words crammed into that poster. Thanks to our talented shutterbugs for contributing so many gorgeous

photos.

Some weeks, we stayed in. We entertained ourselves with (among other pursuits) beanbag toss, bingo, and our new favorite game Rummikub. We took turns organizing lunch – whether it's home cooking, hot fresh pizza, or a theme menu, we certainly love to eat!

Some weeks, we went exploring. It took two tries but we went to the Ile St. Bernard nature preserve, to enjoy nature and feed the birds from the palms of our hands. Our dear friend Claudette hosted a select group for a mellow day in

Val David – and we celebrated three birthdays at the same time. Mini putt was also on the menu, making up for the day last year when the golf course was unexpectedly closed.

We've recently reached out to a second organization to build a partnership. Twice a month, the Épicerie Solidaire de Rosemont (ESR) provides local residents with a place to buy affordable pantry staples, as well as a hangout for coffee, chitchat, and social activities. Membership is now free for anyone who resides in Rosemont. It's a mellow place



FFF celebrates Read's, Beverley's, and Giceline's birthdays in Val David. Photo credit: Claudette Petrasuskas, August 2024.

Friends, Food, and Fun (continued)

to relax (with air conditioning!) following an FFF meeting. So many ESR members do not know Trinity exists! We're still waiting for the first curious soul from ESR to join us at FFF.

Coming up this fall:

We'll have a guest speaker from our local police station to talk about how to protect yourself

from fraud and scams. Halloween is around the corner – perhaps some spooks will pop in. The monthly pot-



New visitors to FFF are always welcome. Photo credit: Rosemary Warren, July 2024.

lucks with our friends at Gay & Grey will return. And we cap off every month with no-pressure bowling!

So... what are YOU doing this Thursday?

Rosemary Warren

Taizé Prayer coming to Trinity-Anjou!

Starting on Thursday, Oct 3, 7:30pm in the Sanctuary, Rev. Read, Julia and interested choir members will be offering a monthly quiet service of prayer at Trinity that is open to all.

Taizé prayer is praying through singing simple melodies and beautiful words that open the heart to God's presence and grace. The songs are easy to learn – we already use some of them! – as we repeat them each a number of times through. That way, you quickly can pick up the melody, and let the words go deep into your hearts. The service will include singing, a short reading or readings, and silence, and should last no more than 45 minutes. We'll create a beauti-

ful candle-lit worship centre around which to gather, pray, and be at peace. For more information, please see Rev. Read.

We plan to Zoom the service for those who wish to participate (pray/sing!) at home. (On the first Thursday of each month, the Living Room will be pre-empted for Taizé prayer and/or other occasional special services.) We hope our Living Room gang (everyone is invited to Zoom for fun and fellowship on Thursdays at 7:30pm!) and church will wish to join us!

Come and be nourished by this quiet and beautiful way to be with each other and with God.



Image credit: vecteezy.com

Trinity Memorial Book and the Book of Celebrations

At Trinity, we have two books that we use to remember and celebrate people, occasions, and dates worth remembering. They are the Memorial Book and the Book of Celebrations.

The Memorial Book is a collection of several binders of pages remembering members, adherents and family members of Trinity United Church. The book was started in September 1979. The first entries list the parishioners who donated money to support purchasing the piano. (Rev. Dorothy Cunningham was the minister at that time, Shirley

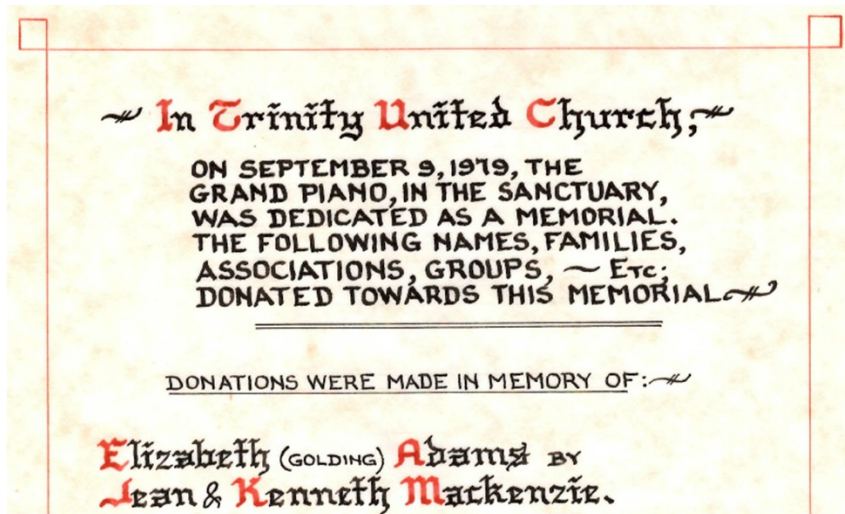
Dazé was the Organist and Choir Director, and Shirley's husband, Réjean was our in-house, blind, piano tuner.) Arthur Schofield started the Memorial Book and did all of the calligraphy by hand.

Arthur continued to maintain all of the entries in the Memorial Book until the end of 1994. His beautiful work is missed. All entries from 1995 to the present have been done on a computer and are more stark, and not as warm as calligraphy by hand can be.

Whenever someone donates money to the church "in memoriam," and indicates that on the envelope, the envelope secretary informs the Communications team (Rosemary Warren) and the Memorial Book is updated.

The **Book of Celebrations** (a single binder) was started by Frank Massarelli. Carol Cunningham was the original designer and maintained it for a few years. Carol created the cover design, and it has always been maintained on a computer. The Book of Celebrations was started to encourage people to make donations to the church for happy events, not just when someone has died. Donations have been made to the church celebrating births, weddings, anniversaries and church groups and events. There are a few memorials as well.

Both the Memorial Book and the Book of Celebrations commemorate the people and events, as well as the joys and sadnesses, of our congregation. I would encourage you to make a donation to celebrate something important or trivial, adding to the history of our church and its congregants.



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*Inviting All to Share and Grow in
God's Love...*

Visit us at
<http://trinityuc.net>

Glenn Funamoto