



Trinity Talks

Easter Edition 2024

It's Easter! Hallelujah!

Dear Friends,

It has been an absolute joy and pleasure to be writing these Trinity Talks for you since....um....I can't really remember when. It was way before I actually took on the role of Communications Director. But alas, this will probably be my last Trinity Talks (sniff..sniff...).

As of the Annual Congregational Meeting on March 24, 2024, somebody else with love and passion in their hearts will take

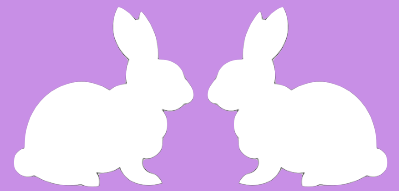
over the reigns and write for you. A resurrection of new life springing forth in our community to continue the good work.

Thank you for your loving words of support throughout the years and for reading this Trinity Talks. I have done my best to keep you up to date.

I wish you a blessed Easter filled with love, joy, and compassion.

Hugs and blessings,
Sheri

Christ is risen indeed!



No bunny
loves you like
Jesus!



“So they went
out and fled
from the tomb,
for terror and
amazement had
seized them;
and they said
nothing to
anyone, for they
were afraid.”

— Mark 16:8



A Note From Rev. Read Sherman

Dear Friends,

Easter is on its way so it's time to prepare again for our full-throated singing of favourite hymns like "Jesus Christ is Risen Today" and "Hallelujah, Hallelujah, Give Thanks!" For our children, the focus likely will be the Easter Bunny and all the candy-laden eggs (!) he'll bring; but for us adults, our joy comes from another source – and a strange source at that. "Christ is risen; He is risen indeed!"

After the preparations of our hearts in Lent, and the shadows of Holy Week, we shift gears as suddenly as the women who first happened upon the empty tomb. In Mark's gospel the shift from despair to joy is too quick. A heavenly messenger greets them upon entering the tomb instead of Jesus' dead body. The messenger tells them Jesus is alive, and will go ahead of them to Galilee, back to where his ministry began. They should go and tell Peter and the rest what they have seen and heard. But in a mix of overwhelming awe and amazement – and fear – the women's reaction is so understandable, so human. Perhaps they know how revolutionary this message is; no one is likely to believe them! (In the "longer ending of Mark" that scholars believe was added a century or more later – that's just what happens; the other

disciples, the men, refuse to believe the women.)

How tempting it is for us in our lives to follow these women in their understandable silence in proclaiming such a miracle. Like their experience and their world, ours is also little prepared to believe something that is simply so good! Yet, the Christian belief in life after death (a mystery in detail, but true enough in our hearts!) is a signature of faith gifted to us in this risen Easter Christ. It is the hope we live in and for. To live our lives not in fear of death but in hope that new life is waiting for us, and all people and creatures, no matter the death we see sometimes all around us, is the source of our great joy!

Joyce Rupp is a wonderful writer coming out of the Catholic "Servites of Mary" community. Her book "Out of the Ordinary" is filled with gems of spiritual wisdom, including the poem/prayer "Awaken Me." It is a prayer to still the fear of those of us tempted to become jaded or cynical at this eye-popping Easter miracle (metaphor or literal or something in-between!). Instead of the "shock and awe" of the original Mary and Salome in Mark's Easter narrative, Rupp invites us to embrace Jesus' rising as sign and symbol we can hang our hats and live our lives by:

Risen One,
come, meet me
in the garden of my life.

Lure me into elation.
Revive my silent hope.
Coax my dormant dreams.
Raise up my neglected gratitude.
Entice my tired enthusiasm.
Give life to my faltering relationships.
Roll back the stone of my indifference.
Unwrap the deadness in my spiritual life.
Impart heartiness in my work.

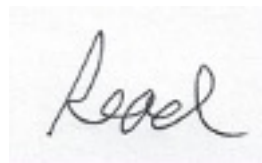
Risen One,
send me forth as a disciple of your unwavering love,
a messenger
of your unlimited joy.

Resurrected One,
may I become
ever more convinced
that your presence lives on,
and on, and on,
and on.

Awaken me!
Awaken me!

May Easter joy find you and awaken you from the fears and doubts you know! Let that hope – as impossible as it sounds – come near to the centre of who you are, who God calls you to be (and who the world needs desperately just now)!

Blessings, and see you in church!



Rev. Read



Walk through Holy Week

Here are activities and reflections for people of all ages as we walk through Holy Week with Jesus. Each day there is a Bible reading, a reflection, and an activity.

March
24

Sunday: Jesus enters Jerusalem (Matt. 21: 1-11).

- **ACTIVITY 1:** Come to Palm Sunday service at 11 AM
- **ACTIVITY 2:** Learn how to make a palm cross by clicking https://www.youtube.com/watch?v=znDyR8_POCU.

March
25

Monday: Jesus cleanses the temple (Matt. 21-12-17)

- **ACTIVITY 1:** Take some time today to reflect on a bad habit you can rid yourself of to become closer to God.
- **ACTIVITY 2:** Sort through your clothes, toys, or kitchen supplies. What can you give away to someone who needs it?

March
26

Tuesday: Jesus washes his disciples feet (John 13: 1-17)

- **ACTIVITY 1:** Reflect on things you need to “wash away” to truly follow Jesus
- **ACTIVITY 2:** Be a secret agent for God: how many nice things can you do for people in your home without getting caught?

March
27

Wednesday: Jesus and his disciples share The Last Supper (Matt. 26:17-30)

- **ACTIVITY 1:** Bring Jesus to dinner with you and re-enact Jesus sharing communion.
- **ACTIVITY 2:** Learn about how our Jewish brothers and sisters celebrate Passover. Find out about this holiday and how it connects Judaism and Christianity.

Thursday: Jesus prays (Luke 22:39-44)

- **ACTIVITY 1:** Create a prayer space.
- **ACTIVITY 2:** Call someone who may feel lonely and pray with them.

March
28

Friday: Jesus dies and is placed in a tomb (Matt. 26:45-61)

- **ACTIVITY 1:** Attend Good Friday service at Trinity at 7:30 PM
- **ACTIVITY 2:** What needs to “die” in your life? Rekindle a relationship, say you’re sorry. Learn to let go.
- **ACTIVITY 3:** Build a person-sized fort to represent Jesus’ tomb.

March
29

Saturday: The disciples wait in fear.

- **ACTIVITY 1:** The unknown is scary. What are you afraid of today? Tell Jesus and ask him to help you overcome your fears.
- **ACTIVITY 2:** Make a prayer jar: mix oil, water, food colouring, and glitter in a sealable jar. When you’re afraid, swirl it around and let the glitter carry your fears away.

March
30

Sunday: Jesus is alive! (Matt. 28:1-10)

- **ACTIVITY 1:** Come to Easter Breakfast at 9:00 AM
- **ACTIVITY 2:** Come to worship at 10:30 AM

March
31

Holy Week Services

👁️ Sunday, March 24 : Palm Sunday 11 am at Trinity

Come wave your palms! Donations of food and clothing also gratefully accepted on this Sunday.

👁️ Friday, March 29: Good Friday 7:30 PM at Trinity

It has been said that there is no Easter without Good Friday. Come be with friends during this sombre time.

👁️ Sunday, March 31: Easter 10:30 AM at Trinity AND Anjou

Christ is risen! He is risen indeed! We’re going to celebrate with worship at two locations and two ministers simultaneously! What joy! Rev. Read will be at Anjou, while the choir and Rev. Jean-Daniel will be at Trinity!

Roving Reporter... Rev. Read!

Rev. Read (aka the "Roving Reporter!") chats with Trinity newer-comers Aida Marcantonio and Jared Smith – just back from a month away in Cocoa Beach, Florida – let's all listen in!

1. Tell me a bit about yourselves (where you grew up, how you met)

Jared grew up in Coldbrook, Nova Scotia. About an hour away from Halifax, in the Annapolis valley. Aida grew up in St. Catharines, Ontario, near Niagara Falls.

We met as the two Francophile anglophone tour guides working at the Citadelle of Quebec and hit it off right away. This was back in 2017! Our boss, from our time there, has remained a great friend and even came to our wedding!

2. What are your passions in life (work, causes, hobbies, Yannick! (Lol))

Passions for both: Being good parents, running, biking, reading
Specific to Jared: CrossFit, Star Wars, museology
Specific to Aida: Swimming, actuarial science, cooking.



3. How has church/faith been a part of your lives?

For Jared, church/faith were a part of his school learning and even his summer plans as a camp counselor at a church camp. Jared has always been deeply spiritual. For Aida, church but more so community, were a part of her childhood, with her childhood minister coming out of retirement to perform our marriage ceremony in St. Catharines. Her parents were both from immigrant families and their community was the church, doing activities with them every week and every opportunity.

4. What do you love about living in Montreal?

We love being walking/biking distance to everything, the French culture, the bakeries, the bilingual aspects and multiculturalism of Montreal additionally. We love mostly that it feels like home.

We're so glad that Aida, Jared and Yannick (baptized at Trinity on Sept 3, 2023), are becoming part of our community!



Aida, Jared, and Yannick as the Holy Family at Trinity this past December.

Easter Breakfast March 31 at 9 AM



Come celebrate the risen Christ by starting your day off right! Join us in community as we eat pancakes sausages, eggs, crepes, fruit, and tea & coffee. Christ is risen! It's time to celebrate!!!

\$10 for people over 12 years old
\$5 for people 12 and under

Tickets will be on sale in the Narthex or by contacting Sheri at kids@trinityuc.net or 514-571-0454.

Easter Egg Hunt March 31 at 11 AM

Some "bunny" told us that there will be an Easter egg hunt for children and youth attending church on Easter morning. Wooooohooooo! All are invited, whether you regularly attend church or not. :)



Other Times to Gather in Community

○ Friends, Food, and Fun

Every **Thursday** morning at **11:30 AM**. Fun activities, outings, and fellowship for people of all ages. Look for the weekly notices in the Saturday emails. In-person and on Zoom!

○ The Living Room

Every **Thursday** night at **7:30 PM on Zoom only**. A social group of church friends who enjoy listening to music, telling stories, and getting to know each other. Open to new-comers and old-timers! Always a good time.

○ Prayer Meetings

Every **Saturday** morning at **11 AM on Zoom only**. Are you in need of prayer or wishing to be part of a group that prays for self, others, and the world? Come and join us! Don't know much about prayer - come and join us!

VBS YeeHaw! Outlaws for God July 1 to July 19

Last year we welcomed over 20 children and introduced them to God's love. We are praying that we will be just as successful this year!

Do you feel called to help? Perhaps you have a special skill you'd like to share with the next generation: woodworking? knitting? cooking? sewing? We will do it all! Even just attending once will be a big help. Please contact Sheri at kids@trinityuc.net for details or to offer help. Thanks!



Winter Memories





"Snow" Much Fun at Trinity!



Did we Get It Right?

Let us Know!

In order to cut down on printing costs, we only printed 20 copies of this Trinity Talks to deliver to people without email.

However, if you would prefer to receive a paper copy of the next edition of Trinity Talks, please let us know by emailing communications@trinityuc.net or calling the church office and telling Christine. Thanks!



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On Zoom:

MEETING ID: 409-899-9875

Go to zoom.us and click "Join a Meeting"
then enter the meeting ID 901455

Or call +1 438 809 7799 and key in the
meeting ID (4098999875#)

